



Birmingham Forum for Spiritual Directors and Companions & Manresa Link  
Host a day entitled:

# Whose body keeps the score:

Encountering Moral Injury, Spiritual Abuse and Trauma  
in spiritual accompaniment and prayer guiding

Speaker:

## Rev Dr Rhona Knight

Rhona is an Ignatian trained spiritual director and supervisor. She is a member of the College of Chaplains at Launde Abbey, where she also tutors on their Holy Listening course.

In spiritual accompaniment and prayer guiding we meet people who have been morally injured, suffered abuse and been traumatised. These adverse experiences impact on the people themselves, those they are in relationship with, and those who listen to their stories.

On this resource day we will consider how we encounter and respond to them in our spiritual conversations and as members of the body of Christ.

## Venue

St Paul's Conference Centre, 94 Selly Park Road, Birmingham B29 7LL.

## Date

Saturday 7th March 2026.

## Time

9.45am - 4pm.

Free to members of Manresa Link and  
Birmingham Forum for Spiritual Directors and Companions  
(donations accepted).

The day is also open to others - £20.

Places need to be booked with John Austen  
([johnausten151@hotmail.co.uk](mailto:johnausten151@hotmail.co.uk))

